

PEDIATRIC SLEEP DAY 2011
Friday April 1st 8:30am - 4:00pm

Location: Toronto Western Hospital, UHN, Main Auditorium
399 Bathurst Street (Bathurst and Dundas), West Wing 2- 401; 2nd Floor

8:00 - 8:30 am: **Breakfast**

8:30 - 8:45 am: **Dr. Colin Shapiro**, MBBCh, FRCPC, PhD
Director, Youthdale Child & Adolescent Sleep Centre; Director, Neuropsychiatry Program,
University Health Network
Introductory Comments

8:45 - 9:45 am: Keynote Speaker 1: **Dr. Raanan Arens**, MD, FAASM
Chief, Division of Respiratory and Sleep Medicine, the Children's Hospital at
Montefiore, Albert Einstein College of Medicine, Bronx, NY
Upper Airway OSA in Obese Children

9:45 - 10:30 am: **Dr. Raymond Ng**, M.D., Ph.D., F.R.C.S.C.
Otolaryngology-Head and Neck Surgery, Rouge Valley Health System
ENT Clinical Case

10:30 - 11:00 am: **Coffee Break**

11:00 - 11:30 am: **Dr. Lilach Kamer**, MD
Sackler Faculty of Medicine, Tel Aviv University, Israel; MSc Candidate, Institute of Medical
Science at the University of Toronto
Obesity and Excessive Daytime Sleepiness in children

11:30 am - 12:00 pm: **Dr. Dana Colson**, D.D.S
Family and Cosmetic Dentistry
Sleep Apnea from a Dentist's Perspective

12:00 pm -12: 30 pm: **Dr. Gilli Kadmon**, MD
Pediatric Intensive Care Specialist; Youthdale Child and Adolescent Sleep Centre
Pediatric OSA Questionnaires; Epidemiology to Diagnosis

12:30 - 1:15 pm: **Lunch Break**

1:15 - 2:15 pm: Keynote Speaker 1: **Dr. Raanan Arens**, MD, FAASM
Chief, Division of Respiratory and Sleep Medicine, the Children's Hospital at
Montefiore, Albert Einstein College of Medicine, Bronx, NY
New Classification in Pediatric Sleep Medicine

2:15 - 2:45 pm: **Dr. Jessica Cooperman**, Ph.D., C.Psych.
Child & Adolescent Family Services, Outpatient Mental Health, Markham Stouffville Hospital
Sleeping in a Puddle: Primary Nocturnal Enuresis

2:45 - 3:00 pm: **Coffee Break**

3:00 - 3:30 pm: **Dr. Azmeh Shahid**, MD
Staff Psychiatrist, Youthdale Treatment Centres, Youthdale Child and Adolescent Sleep Centre;
Sleep Research Unit, University Health Network
Psychopharmacologic Management of Nocturnal Enuresis

3:30 - 4:00 pm: **Dr. Louise Scott**
Scott & Associates, NeuroDevelopmental Services
A NeuroPsychologist's Perspective on the role of Sleep Assessments