

**PEDIATRIC SLEEP DAY 2011**  
**Friday April 1<sup>st</sup> 8:30am - 4:00pm**

Location: Toronto Western Hospital, UHN, Main Auditorium  
399 Bathurst Street (Bathurst and Dundas), West Wing 2- 401; 2<sup>nd</sup> Floor

8:00 - 8:30 am: **Breakfast**

8:30 - 8:45 am: **Dr. Colin Shapiro**, MBBCh, FRCPC, PhD  
Director, Youthdale Child & Adolescent Sleep Centre; Director, Neuropsychiatry Program,  
University Health Network  
**Introductory Comments**

8:45 - 9:45 am: Keynote Speaker 1: **Dr. Raanan Arens**, MD, FAASM  
Chief, Division of Respiratory and Sleep Medicine, the Children's Hospital at  
Montefiore, Albert Einstein College of Medicine, Bronx, NY  
**Upper Airway OSA in Obese Children**

9:45 - 10:30 am: **Dr. Raymond Ng**, M.D., Ph.D., F.R.C.S.C.  
Otolaryngology-Head and Neck Surgery, Rouge Valley Health System  
**ENT Clinical Case**

10:30 - 11:00 am: **Coffee Break**

11:00 - 11:30 am: **Dr. Lilach Kamer**, MD  
Sackler Faculty of Medicine, Tel Aviv University, Israel; MSc Candidate, Institute of Medical  
Science at the University of Toronto  
**Obesity and Excessive Daytime Sleepiness in children**

11:30 am - 12:00 pm: **Dr. Dana Colson**, D.D.S  
Family and Cosmetic Dentistry  
**Sleep Apnea from a Dentist's Perspective**

12:00 pm -12: 30 pm: **Dr. Gilli Kadmon**, MD  
Pediatric Intensive Care Specialist; Youthdale Child and Adolescent Sleep Centre  
**Pediatric OSA Questionnaires; Epidemiology to Diagnosis**

12:30 - 1:15 pm: **Lunch Break**

1:15 - 2:15 pm: Keynote Speaker 1: **Dr. Raanan Arens**, MD, FAASM  
Chief, Division of Respiratory and Sleep Medicine, the Children's Hospital at  
Montefiore, Albert Einstein College of Medicine, Bronx, NY  
**New Classification in Pediatric Sleep Medicine**

2:15 - 2:45 pm: **Dr. Jessica Cooperman**, Ph.D., C.Psych.  
Child & Adolescent Family Services, Outpatient Mental Health, Markham Stouffville Hospital  
**Sleeping in a Puddle: Primary Nocturnal Enuresis**

2:45 - 3:00 pm: **Coffee Break**

3:00 - 3:30 pm: **Dr. Azmeh Shahid**, MD  
Staff Psychiatrist, Youthdale Treatment Centres, Youthdale Child and Adolescent Sleep Centre;  
Sleep Research Unit, University Health Network  
**Psychopharmacologic Management of Nocturnal Enuresis**

3:30 - 4:00 pm: **Dr. Louise Scott**  
Scott & Associates, NeuroDevelopmental Services  
**A NeuroPsychologist's Perspective on the role of Sleep Assessments**